

# High levels of *Mycoplasma genitalium* antibiotic resistance are observed in Australia

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## Background

*Mycoplasma genitalium* (MG) is an emerging STI, strongly associated with nongonococcal urethritis and cervicitis. However, treatment of MG is complicated due to antibiotic resistance to the standard treatment, azithromycin. Moxifloxacin (fluoroquinolone) can be used as a second-line antibiotic.<sup>1</sup>

European IUSTI guidelines on MG infections and management of non-gonococcal urethritis strongly recommend NAAT testing for MG and screening for macrolide resistance, since this can provide clinical advantage and inform on the most appropriate therapy.<sup>2</sup>

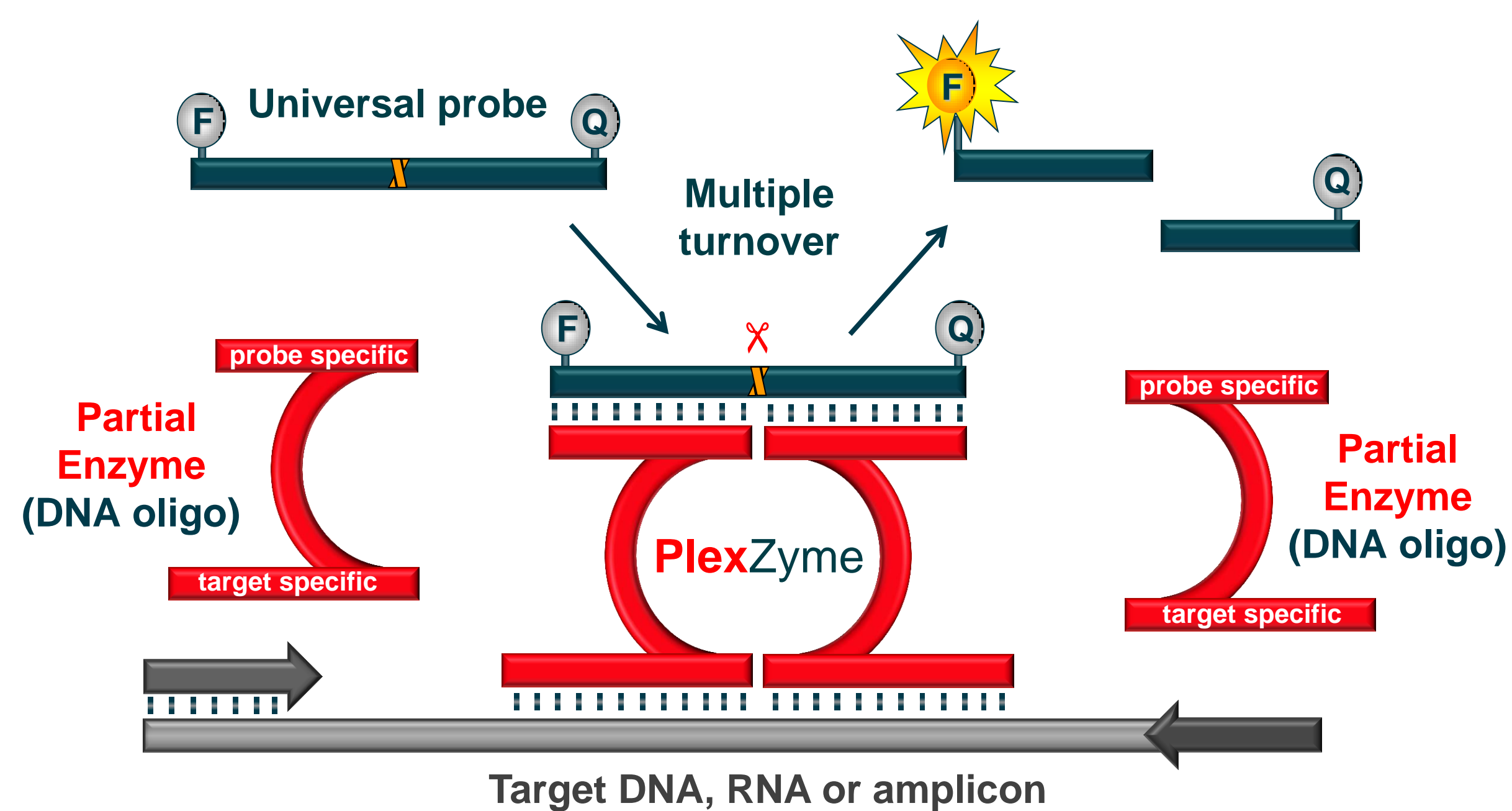
The *ResistancePlus*<sup>TM</sup> MG kit (CE-IVD, SpeedX) has been developed as a single well assay for the simultaneous detection of MG and five mutations in the 23S rRNA gene associated with azithromycin resistance.

## Evaluation study

- The *ResistancePlus*<sup>TM</sup> MG kit (SpeedX) was evaluated in a prospective study on 1089 consecutive urine/urethral swabs, cervical/vaginal swabs and anogenital swab samples in symptomatic and asymptomatic male and female patients.
- Clinical specimens came from patients of Melbourne Sexual Health Centre and the Royal Women's Hospital, Melbourne, Australia. Specimens were tested at the Royal Women's Hospital with the *ResistancePlus*<sup>TM</sup> MG assay (SpeedX Pty Ltd) as described in Tabrizi et al (2016) Plos One & Tabrizi et al (2017) JCM.
- Results were compared to an in-house qPCR test for MG detection and sequencing of positives to determine 23S rRNA mutation status

## PlexPCR<sup>TM</sup> technology for NAATs

- PlexZyme<sup>TM</sup> detection in qPCR is highly specific & sensitive
- Superior performance in multiplex



## Results

MG detection	In-house qPCR (16S rRNA)			23S rRNA mutation detection	HRMA + Sequencing		
	+	-	Total		+	-	Total
SpeedX +	64	0	64	SpeedX +	38	1	39
SpeedX -	1	1024	1025	SpeedX -	0	25	25
Total	65	1024	1089	Total	38	26	64

**Sensitivity 98.5%**  
(95% CI: 91.7-99.9%)

**Specificity 100.0%**  
(95% CI: 99.6-100.0%)

**Disease prevalence 6.0%**

**Sensitivity 100.0%**  
(95% CI: 90.8-100.0%)

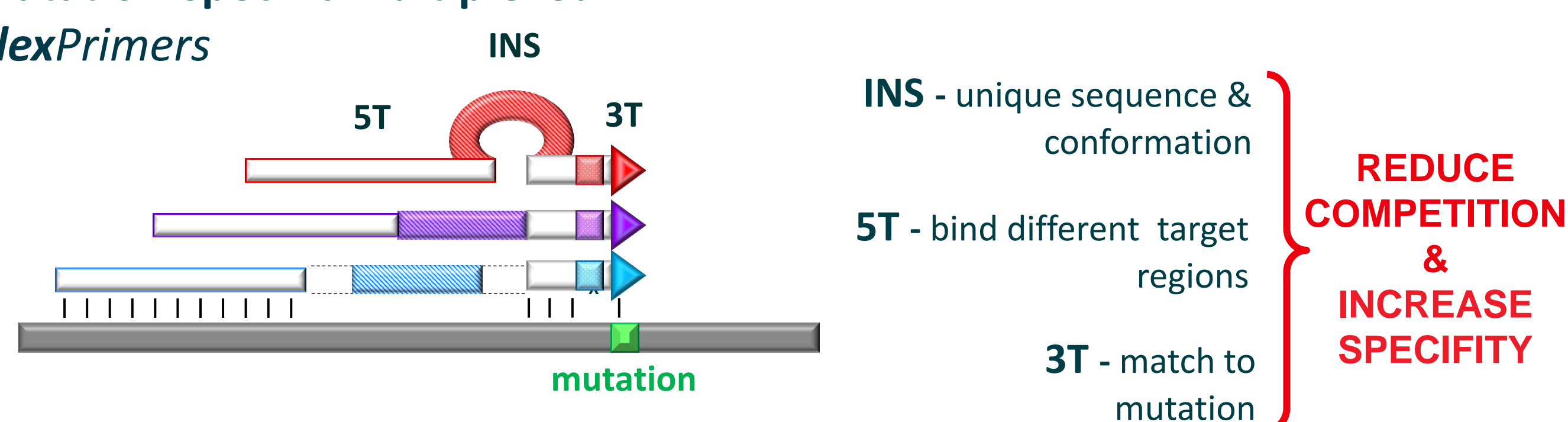
**Specificity 96.2%**  
(95% CI: 80.4-99.9%)

**Resistance prevalence 63.1%**

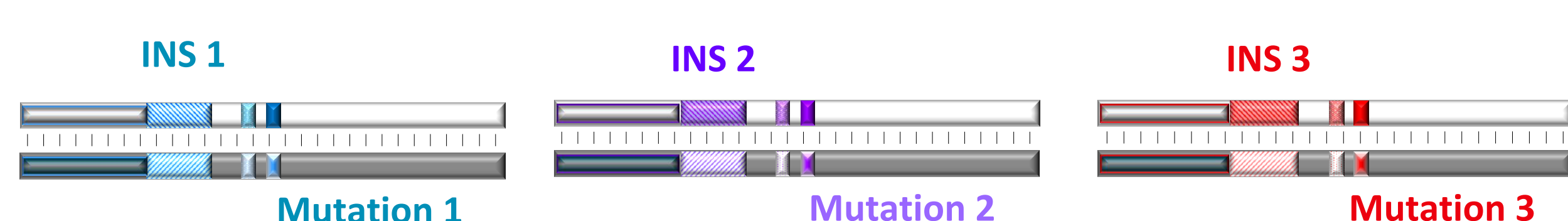
**Potential to guide treatment based on the detection of mutations associated with azithromycin resistance**

## PlexPrime<sup>TM</sup> enables mutation-specific detection & amplification

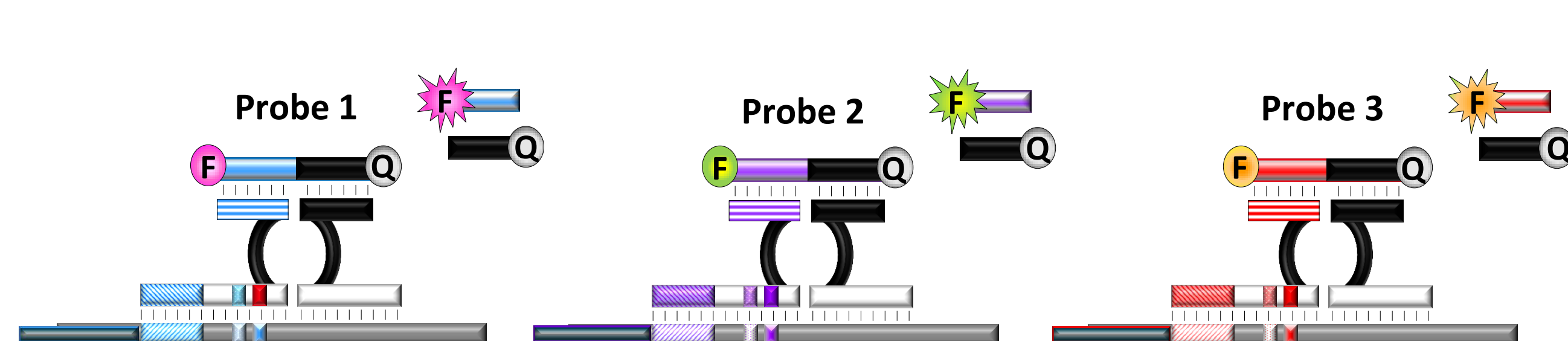
### Mutation-specific multiplexed PlexPrimers



### PlexPrime amplicons are distinctly different



### Mutation-specific PlexZyme detection



**Superior multiplex capacity for clustered mutations**

## Benefits of antibiotic resistance testing

- Detection of antibiotic resistance by qPCR can provide timely actionable information to allow personalised treatment and ensure faster cure rates and limit the spread of resistance.

## In development

### *PlexPCR*<sup>TM</sup> *N. gonorrhoeae* *ResistancePlus*<sup>TM</sup> kit

*N. gonorrhoeae* genes; porA and opa  
Macrolide resistance; 23S rRNA A2059G and C2611T

### *PlexPCR*<sup>TM</sup> *M. pneumoniae* *ResistancePlus*<sup>TM</sup> kit

*M. pneumoniae* gene; CARDS  
Macrolide resistance; 23S rRNA A2058G, A2058C, A2059G & A2062G

### *PlexPCR*<sup>TM</sup> *Carbapenemase* *ResistancePlus*<sup>TM</sup> kit

Targets genes NDM, VIM, OXA, IMP and KPC

## Conclusions

- The *ResistancePlus*<sup>TM</sup> MG assay demonstrated excellent clinical performance for the simultaneous detection of MG and assessment of mutations in the 23S gene associated with azithromycin resistance.
- Implications: The *ResistancePlus*<sup>TM</sup> MG assay could be useful for surveillance efforts where MG is high in incidence and azithromycin treatment failures are reported or expected.

**References:** 1. Jensen & Bradshaw (2015) BMC Infectious Diseases, doi:10.1186/s12879-015-1041-6 2. <http://www.iusti.org/regions/europe/pdf/2016/2016EuropeanMycoplasmaGuidelines.pdf> 3. Tabrizi et al (2016) PLoS One, doi: 10.1371/journal.pone.0156740 4. Tabrizi et al (2017) J Clin Microbiol, doi: 10.1128/JCM.02312-16

**PlexPCR<sup>TM</sup> is a flexible, rapid & cost-effective technology for multiplexed detection of targets and genetic variants**

If you are interested in multiplexing your assay and/or wanting to achieve specific single base discrimination contact [info@speedx.com.au](mailto:info@speedx.com.au) or for more information about *PlexPrime*<sup>TM</sup> & *PlexPCR*<sup>TM</sup> technology visit [www.speedx.com.au](http://www.speedx.com.au)